

Newsletter

Monday 19th February 2024

Dear Parents/Carers,

Welcome to Term 4 - Week 1

This term is a 6 week term for Mon-Fri classes and a 5 week term for Saturday customers.

Sponsored Walk Update:

A huge well done and thank you to the athletes and parents who took part in our infamous sponsored walk this Half Term. Each year we face a new challenge and this year was definitely MUD! But we beat the rain and had a fabulous time.

I am pleased to say our online fundraiser has now reached £500 in sponsorship money - so thank you so much to friends and family for supporting our athletes. We will have the final tally on how much we have raised once individual entries have been handed in.

ICC Westerns Competition - 11th Feb

On Sunday 11th Feb our Junior teams and Senior dance teams took to the comp floor for the first time this season at The Bath and West Showground. It was a fantastic experience and our athletes performed beautifully. Our results were as follows:

- *2nd Place - Senior Eclipse Pom, 2nd Place - Junior Stardust Pom, 2nd Place - Senior Supernova Lyrical, 3rd Place - Junior Luna Lyrical, 3rd Place - Junior Blackout Level 1 Cheer*

Our feedback was excellent and scores were inches away from the winning teams so we are more pumped than ever going into our competition season. Next stop BCA Wales 9th/10th March

SWEAT AND STRETCH

Our next block of sweat and stretch classes starts this week for 6 weeks. Come along and join us on a Wednesday evening at Roundhill Primary School in Bath 7:15-8:00pm = £30.

You can now book online via our website: <https://www.obsidiancad.co.uk/adult-classes>

NEW ADULT ACRO - we are keen to host an adult Acro class on Wednesday evenings. This would be for beginners and would run 8-9pm at Roundhill Primary School in Bath. To register your interest in this class please complete our interest form here: <https://forms.gle/EHdiGNZvfPfTh3dQ7>

NEW GALAXY POM DANCE CLASS - for children

We are keen to add another childrens class to our Saturday timetable. Pom Dance is a highly energetic style of dance that incorporates Jazz, Hip Hop, Ballet and Majorettes Technique to create stunning visuals. For now this class will be advertised as open age. Classes will run 11:15-12:15pm at Roundhill Primary School in Bath - to register your child's interest please complete the following interest form: <https://forms.gle/5dMhpQ9qbS4yugSh6>

Behind The Scenes:

- We are in the process of turning Obsidian CaD into a not for profit organisation, opening up the business to more opportunities including funding, grants and community based projects.

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Newsletter

Monday 19th February 2024

Dear Parents/Carers,

Welcome to Term 4 - Week 2

Sponsored Walk Update:

We are proud to announce, thanks to the efforts of all athletes and parents that took on the walk this year, we have raised £1070.00 to put towards competition entry for our competition teams. A fantastic achievement!

Our next fundraiser will be a Colour Run - provisional date Sunday 21st April

SWEAT AND STRETCH

Our next block of sweat and stretch has begun. Come along and join us on a Wednesday evening at Roundhill Primary School in Bath 7:15-8:00pm (drop ins £8) ADULTS ONLY.

You can now book online via our website: <https://www.obsidiancad.co.uk/adult-classes>

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To register your child's interest please complete the following interest form:

<https://forms.gle/5dMhpQ9qbS4yugSh6>

Uniform Orders:

All merchandise and uniform orders must be purchased on our website here:

<https://www.obsidiancad.co.uk/merchandise>

Please note orders take 2-3 weeks depending on stock availability.

Behind The Scenes/Upcoming Events:

- Elite, Blackout, Luna, Stardust, Eclipse, and Supernova will be performing at BCA Cymru Clash on 9th/10th March in Newport.

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Newsletter

Monday 4th March 2024

Dear Parents/Carers,

Welcome to Term 4 - Week 3

Welcome to week 3 of term 4. We have lots of exciting plans coming up and would like to make you aware of a few dates for your diary. More information on the following will be coming soon.

- **Colour Run Fundraiser:** for remaining competition entry fees (provisional date: 21st April)
- **Talent Show:** raising money for Frontline to compete in America (provisional date: 12th May)
- **Paulton in the Park** (Saturday 29th June)
- **Bath Carnival** (Saturday 13th July)
- **Interstellar Annual Showcase** (Sunday 14th July - possibility of 2 shows)

MOTHERS DAY SPECIAL - FREE ADULT CLASSES

Join us this week for a Mothers Day special - FREE Sweat and Stretch class and Diamonds Masters Cheer for all our lovely mummies and their friends/daughters.

Sweat and Stretch Wednesday 7:15-8:00pm at Roundhill Primary School, Bath

Diamonds Masters Cheer Thursday 8:00-9:15pm at The Hive Community Centre, Peasedown

“sweat and stretch is our low impact fitness classes utilising Pilates, yoga flow, body weight conditioning and ballet technique - we have created your new favourite way of working out.”

REMINDER ON HOW TO COMMUNICATE WITH US

“We are noticing more and more parents are communicating with us privately on our personal social medias and via text or Whatsapp. A reminder that all communication relating to Obsidian classes/enquiries should be emailed to us via admin@obsidiancad.co.uk - We will no longer be replying to queries relating to Obsidian on our personal accounts. My number may be used in emergency situations i.e. lost at a competition”.

PARENT/CUSTOMER FEEDBACK FORM

As we continue to grow Obsidian, we are keen to hear from you, our current customers/parents, on how you are finding classes and everything that comes along with it. What else would you like from us, what can we improve on, what should we offer more of?

If you have a minute we would love to hear your feedback, and welcome your honest opinions:

<https://forms.gle/aWY4hrLANxk6vaEG9>

Backstage:

- On Sunday, Head Coaches Harriet and Mollie travelled up to Birmingham for the CYD? Teachers Convention. Where they enjoyed seminars from some of the best dance business minds in the industry.
- Coach Lola will be joining the Saturday coaching team at Roundhill Primary School, Bath.
- We have taken on a University Student, Hanna, for work experience. She will be assisting with Wednesday Lyrical classes.

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Newsletter

Monday 11th March 2024
Welcome to Term 4 - Week 4

Dear Parents/Carers,

Welcome to week 4 of term 4.

MOTHERS DAY SPECIALS

Thank you to all the families that joined us for our Mothers Day specials on Wednesday and Thursday at Sweat and Stretch and Diamonds Cheer. We loved seeing you all and can't wait to post about what we did on our socials. HAPPY MOTHERS DAY TO YOU ALL!

BCA COMPETITION RESULTS

We would like to say a huge congratulations to the athletes that competed at BCA CYRMU CLASH this weekend. The teams were up against some intense competition and completely held their own! It was the best we have seen everyone perform so far. The feedback from judges and other programmes was amazing and we are so proud of our results. Check our our social media to see how we did.

Our next competition is BCA Spring Spirit 7th April in Crawley - Our Level 3NT team is competing.

A reminder of some upcoming dates for diaries in case you missed last week:

- **Colour Run Fundraiser:** for remaining competition entry fees (provisional date: 21st April)
- **Talent Show:** raising money for Frontline to compete in America (provisional date: 12th May)
- **Paulton in the Park** (Saturday 29th June)
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FEEDBACK FORM

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Newsletter

Monday 18th March 2024

Dear Parents/Carers,

Welcome to Term 4 - Week 5

Invoices:

A polite notice that invoices will be sent out this week and next week for Term 5. Term 5 begins 15th April for 6 weeks (minus 1 Monday Bank Holiday on May 5th).

Price Increase for Adult Sweat and Stretch

A notice to all customers, fees will be increasing for our Sweat and Stretch sessions to match our current pricing plan. We will be increasing our class fees to £6.50 pw from Term 5 as this is what we charge for a 45 minute kids class. Drops in will be available from £8. This will come into affect on April 15th.

Class Changes and Timetable adjustments

Behind the scenes we have been working on a timetable adjustment for Wednesdays and Saturdays. Parents and athletes who attend Wednesday or Saturday classes please keep an eye on your emails for our updates. We will be informing you of changes first before we advertise them to everyone.

These changes will include: a new Lyrical class for children aged 3-6 years, A new Hip Hop class for children and adults, private lesson slots with Coaches Mollie, Emmie and Lola, a new adult Lyrical class

Dates for Diary

- **Supper Club - 11th May - a curry night hosted by Cheer Mum Sara raising money for Frontline to compete in America in 2025**
- **Colour Run Fundraiser:** for remaining competition entry fees (provisional date: 21st April) Venue still TBC
- **Talent Show:** raising money for Frontline to compete in America (provisional date: 12th May) More info coming soon
- **Paulton in the Park** (Saturday 29th June)
- **Bath Carnival** (Saturday 13th July)
- **Interstellar Annual Showcase** (Sunday 14th July - possibility of 2 shows)

PARENT/CUSTOMER FEEDBACK FORM

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If you have a minute we would love to hear your feedback, and welcome your honest opinions:

FEEDBACK FORM

Thank you to those who have already completed the form. You'll notice we have added the classes that were most popular on our feedback form already.

Behind the Scenes:

- A huge congratulation to Coach Mollie, Frontline Dancer Izzy and Cheer Mum Sara for completing the Bath Half on the weekend. We are very proud of you! They ran to raise money for our International Open Pom Team Frontline, who are set to compete in America in 2025 - to donate to their cause please click the link here: [Justgiving](#)

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Newsletter

Monday 25th March 2024

Dear Parents/Carers,

Welcome to Term 4 - Week 6

This is our final week of classes before the 2 week Easter break. There will be no classes Friday 29th and Saturday 30th March. We will return to normal - week commencing Monday 15th April for a 6 weeks term.

Reminders from last weeks invoices:

- Class Changes and Timetable adjustments for Wednesday and Saturday customers
- Invoices will be sent out this week for term paying customers
- Price increase for Adult Sweat and Stretch (now £6.50 pw)

Easter break: we will not be running any holiday camps during Easter as we are away. However keep an eye out for future holidays camps in the May half term and Summer.

Supper Club Fundraiser - 11th May @ The Hive Community Centre

A Curry Night hosted by Cheer Mums Sara and Ellana to raise money for Frontline to compete in America 2025. Tickets will be on sale soon and we have planned for an activity of sort to take place (either bingo or a raffle)

Price: £35pp for a 3 course meal

Time: 7 til 10pm

BYO alcohol but they'll be a corkage fee of £3 per bottle.

PARENT/CUSTOMER FEEDBACK FORM

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If you have a minute we would love to hear your feedback, and welcome your honest opinions:

FEEDBACK FORM

Thank you to those who have already completed the form. You'll notice we have added the classes that were most popular on our feedback form already and will implement the changes you would like to see.

Behind the Scenes:

- To ensure our coaches are providing the best care to your athlete we are organising coaches training over the Easter in tumble technique, tumble spotting drills, safeguarding, mindset and mental performance. We have a number of professionals coming in to discuss the above with the us and can't wait to implement new ideas.

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